



Icahn  
School of  
Medicine at  
Mount  
Sinai



# State-of-the-Art **Rheumatology** for Primary Care Physicians

## IN-PERSON ACTIVITY

### **COURSE DIRECTOR**

**Yousaf Ali, MD, FACP**

Professor of Medicine  
Chief, Division of  
Rheumatology  
Mount Sinai West/  
Morningside Hospital  
Icahn School of Medicine  
New York, NY

### **COURSE CO-DIRECTOR**

**Margrit Wiesendanger, MD, PhD**

Associate Professor of Medicine  
Assistant Program Director,  
Rheumatology Fellowship  
Division of Rheumatology  
Mount Sinai Health System  
Icahn School of Medicine at Mount Sinai

### **Sponsored by**

Department of Medicine  
Icahn School of Medicine at Mount Sinai  
Division of Rheumatology

**Friday, February 6, 2026**

### **Mount Sinai West**

2nd Floor, Conference Room B  
1000 Tenth Avenue (at 59th Street)  
New York, NY 10019

<https://mssm.cloud-cme.com/26RA>

# State-of-the-Art Rheumatology for Primary Care Physicians



## Agenda

TIME (Eastern)	TOPIC	SPEAKER
7:00 – 7:45	<b>Breakfast/Registration</b>	
7:45 – 8:30	<b>NON-CME Workshop</b>	
8:30 – 9:00	<b>Break</b>	
9:00 – 9:30	<b>Evaluating the Patient with Joint Pain</b>	WeiWei Chi, MD
9:30 – 10:00	<b>Osteoarthritis for the Internist</b>	Olivia Ghaw, MD
10:00 – 10:30	<b>PMR/GCA Updates</b>	Kristaq Koci, DO
10:30 – 10:45	<b>Coffee Break</b>	
10:45 – 11:15	<b>Approach to Fibromyalgia and Central Pain</b>	Michael Kaplan, MD
11:15 – 11:45	<b>RA updates for 2026</b>	Yousaf Ali, MD, FACR
11:45 – 12:15	<b>SLE for the Internist</b>	Chrisanna Dobrowolski, MD
12:15 – 12:45	<b>Pick-up Lunch</b>	
12:45 – 1:15	<b>NON-CME Workshop</b>	
1:15 – 1:45	<b>Break</b>	
1:45 – 2:15	<b>Spondyloarthropathy for Internists</b>	Saloni Mitchell, MD
2:15 – 2:45	<b>Crystalline Arthritis</b>	Emily Carroll, MD
2:45 – 3:15	<b>Approach to Autoimmune Disease</b>	Margrit Wiesendanger, MD, PhD
3:15 – 3:30	<b>Coffee Break</b>	
3:30 – 4:00	<b>Shoulder Pain for the Internist</b>	Paul J. Cagle, MD
4:00 – 4:30	<b>An Orthopedic Approach to Knee Pain</b>	Shawn Anthony, MD, MBA
4:30 – 5:00	<b>PE Breakout Session</b>	
5:00	<b>Adjourn</b>	

# State-of-the-Art Rheumatology for Primary Care Physicians



## Faculty

### COURSE DIRECTOR

**YOUSAF ALI, MD, FACP**

Professor of Medicine  
Chief, Division of Rheumatology  
Mount Sinai Health System  
Icahn School of Medicine  
New York, NY

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Associate Professor of Medicine  
Assistant Program Director, Rheumatology Fellowship  
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Icahn School of Medicine at Mount Sinai  
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### ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI

**SHAWN ANTHONY, MD, MBA**

Associate Chief, Sports Medicine Service  
Mount Sinai Health System  
Assistant Professor  
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**PAUL J. CAGLE, MD**

Professor of Orthopaedic Surgery  
Associate Residency Program Director  
Leni & Peter May Department of Orthopedics  
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**EMILY CARROLL, MD**

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**WEIWEI CHI, MD**

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**CHRISANNA DOBROWOLSKI, MD, MS**

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**OLIVIA GHAW, MD**

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**KRISTAQ KOCI, DO**

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**SALONI MITCHELL MD**

Assistant Professor of Medicine  
Division of Rheumatology  
Department of Medicine  
Mount Sinai Health System  
Icahn School of Medicine at Mount Sinai  
New York, NY

# State-of-the-Art Rheumatology for Primary Care Physicians



## Overview

### COURSE DESCRIPTION

This is a one day course of panel discussions aimed at primary care practitioners, nurse practitioners, and physician assistants to provide readily available, timely, and standardized training in the diagnosis and management of rheumatic diseases while entering into collaborative practice with rheumatologists.

### WHO SHOULD ATTEND?

Rheumatologists, primary care physicians, family practice, internal medicine, nurse practitioners and physician assistants.

### LEARNING OBJECTIVES

At the conclusion of this CME activity, participants should be able to:

- Diagnose rheumatologic diseases earlier and more confidently.
- Understand how to examine a joint and perform a musculoskeletal exam.
- Describe the recent advances and updated guidelines in the treatment of Systemic Lupus Erythematosus
- Specify the clinical features and innovative treatments for Rheumatoid Arthritis.

### COURSE LOCATION

Mount Sinai West  
2nd Floor, Conference Room B  
1000 Tenth Avenue  
New York, NY 10019

### DIRECTIONS/PARKING

Mount Sinai West is located at 1000 Tenth Avenue at 58th Street in Manhattan. Please see directions to the hospital, whether you are traveling by car, bus, or subway.

### By Car

Take the West Side Highway (Henry Hudson Parkway) to the 56th Street exit. Head eastbound on West 56th Street to 10th Avenue.

Turn left (northbound) on 10th Avenue to Mount Sinai West's main lobby entrance (east side of 10th Avenue, between West 58th and West 59th Streets). Mount Sinai West provides, for a moderate fee, curbside valet parking service on weekdays, during the hours of 6:00 am to 9:00 pm at its main entrance on 10th Avenue between 58th and 59th Streets. The vehicle is stored in the hospital garage on West 59th Street between 10th and 11th Avenues, and is returned to the hospital entrance at the scheduled departure time indicated by the visitor.

Other public parking garages are located on the north side of West 59th Street between 9th and 10th Avenues, on West 58th Street (one-way, Eastbound) and on West 60th Street (one-way, Westbound) between Columbus Circle and 9th Avenue, and on West 59th Street (one-way, westbound) between 10th and 11th Avenues.

### By Bus

M11 (Uptown) to 10th Avenue and West 59th Street. M11 (Downtown) to 9th Avenue and West 59th Street. M57 (Crosstown) to 10th Avenue and West 57th Street. M104 (Broadway Line) to Columbus Circle (Broadway between West 58th Street and West 60th Street).

### By Subway

Take an A, B, C, D, #1 train to Columbus Circle - 59th Street at the intersection of Broadway and 8th Avenue.

### CONFERENCE INFORMATION

For additional information, email [cme@mssm.edu](mailto:cme@mssm.edu) or call the Office of CME at 212-731-7950



# State-of-the-Art Rheumatology for Primary Care Physicians



## Program Registration

### REGISTER ONLINE

<https://mssm.cloud-cme.com/26RA>

#### REGISTRATION FEES

Physicians	\$200
Mount Sinai Health System (MSHS) Physicians	\$150
RN, PA, NP, Allied Health Professionals	\$150
MSHS RN, PA, NP, Allied Health Professionals	\$ 50
Residents/Fellows	\$ 50
MSHS Residents/Fellows	Complimentary*

\*Complimentary registration must be done online. Please email [cme@mssm.edu](mailto:cme@mssm.edu) with a copy of your hospital ID for verification to receive a complimentary online registration code

#### CANCELLATION POLICY

All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by Friday, January 19, 2026. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

#### ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### CREDIT DESIGNATION

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### VERIFICATION OF ATTENDANCE

Will be provided to all professionals.

#### SPECIAL NEEDS

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact the Page and William Black Post-Graduate School at 212.731.7950.

#### FACULTY DISCLOSURE POLICY

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all accredited CE educational activities. All individuals in control of content of an activity accredited by ISMMS are expected to disclose all their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships are mitigated and disclosed to learners before the activity takes place. All relevant financial relationships have been mitigated.